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Analyze the emergency situations given. Describe the action that must be done.

1. Someone shows signs of heat stroke and needs immediate emergency attention.

I will immediately move the person out of the heat, remove excess clothing, and cool him or her. I will let the person drink cool water to rehydrate, if he or she is able. If the situation is serious I will call the ambulance.

2. Your friend could not breathe because of the piece of food blocked his airway.

I will perform an abdominal thrust and do the Heimlich maneuver to prevent him from suffocating

3. After a strenuous activity, a participant experiences dizziness and complains of a crushing and squeezing chest pain accompanied by shortness of breath.

I will transfer the victim to a cool and well-ventilated area and let the victim cool down a bit, I will perform a CPR whenever it is needed. I will call an ambulance when the situation starts to escalate